

# Group Booking

## Supervision & Behaviour Guidelines & Emergency Plan

*Jungle Gym*  
*For Gymnastics*



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**Jungle Gym has: \$20 million Public Liability, and  
\$20 million Professional Indemnity Insurance Policy,  
All our staff have current Working With Children Check Clearances.**

### What is Jungle Gym?

- Jungle Gym for Gymnastics has been operating Since March 1988.
- We teach a well versed proven gymnastic program in a non-competitive, fun environment of colour and jungle décor.
- We operate in a permanently set-up gymnastic venue containing 'State of the Art' gymnastic equipment that:
  1. Propels children through the air to assist in spatial awareness; utilising a range of trampolines (mini trams, 3x5m tramps and 10m long tumbling tramps), swinging ropes and rings.
  2. Encourages strength, balance and coordination utilising: climbing ropes, bars of different configurations and balance beams.
  3. Provides soft landings utilising huge 2m deep pits full of foam cubes and lots of thick, heavy crash mats. In fact, the entire floor area is foam padded with added crash mats everywhere.

### The Structure of the Gymnastic Program

- Begins with a warm-up including basic gymnastic skills ie, forward rolls.
- The children are then lined-up into groups and explained the behaviour rules of the gym, including the location of water fountains, toilets & exit points.
- Depending upon the number of children attending they will then be taken in separate groups to different parts of the gym, where circuits have been prepared. The coach will show them through the circuits, explaining the skills and identifying any extra rules that may be specific to this circuit.
- The students participate in a particular circuit for a period of time, then are lined-up again and move onto another circuit. This continues throughout the session.

### The Circuits Are

- Great fun, entertaining and challenging whilst creating skill awareness and confidence.
- Stimulating and keep the students constantly on the move with no long queues waiting their turn.
- Designed to suit not only the physically energetic child but also the less agile and physically shy types.

## **Group Booking Supervision & Behaviour Guidelines continued...**

### **Supervision**

- The gymnastic program is supervised by qualified gymnastic coaches who can clearly show the students through the circuits, explain 'what and how' to perform skills and continually supervise the children throughout the session.
- They encourage students to perform at their own level without the fear of embarrassment and do not pressure them into activities.
- School teachers (accompanying Kindy, Pre-primary and Primary school groups but not visiting parents), and Vacation and Out of School Care leaders during school holiday activities, are required on the gym floor, as they can assist in enforcing the rules that have been outlined at the beginning of the session. They know the student names and can gain individual student's attention quickly.

### **The Rules**

The following rules are explained to the students at the beginning of each session. With each rule, an explanation is given for its 'birth' and the consequences of breaking it.

1. The students are told the session will be run in a circuit format, moving from one station to another, following a prescribed direction. "You must follow the chalk arrows on the floor."
2. You only do the skills we have shown you. You are not allowed to do *ANYTHING* you haven't been shown "Even if you are State or National gymnast".
3. You can not make up your own skills.
4. "Line up" or "Freeze" means STOP and line up in three seconds: no last turns.
5. One person at a time on the trampolines.
6. Move off the landing mats straight away, do not linger.
7. One person at a time in the foam pits.
8. Three seconds to get out of the foam pit.
9. No throwing the foam.
10. No interfering with others.
11. If you need to go to the toilets or water fountain—ask, go and come straight back to your circuit. But don't go when "Line up" or "Freeze" is called.

### **Emergency Action Plan**

The centre has a comprehensive Emergency Action Plan.

It covers the role of each staff member in terms of:

- Who is in total control of the day's operation.
- Reporting procedures.
- Tasks required of each staff member.

However, in the case of an emergency, eg, fire:

The Children have already been told about the "Line up" and "Freeze" call. This would be given, the children would be escorted by our staff and any school teacher/leader(s) assisting that particular circuit group to the nearest exit to the car park. The students would be counted. Our staff would check the toilets, water fountain area and upstairs for any students, staff or parents who may not have heard the "Line up" call. They then would be escorted in their groups to the neighbouring car park to receive further instructions, jointly from our staff and your teachers/leaders, depending upon the circumstances.

Any teacher/leader/parent who is not on the floor, but acting as a spectator or in the toilets would be advised to accompany a group of children to the exits.

Thank you  
The Management of Jungle Gym